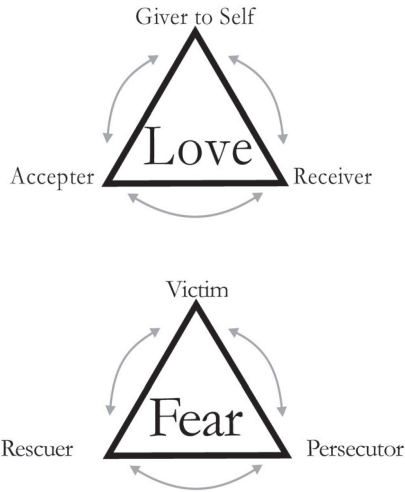


When we create from Fear, we are simultaneously Victim, Persecutor, and Rescuer. In either triangle, we can play one or all of the roles.

The triads consist of two triangles labeled to show the bi-directional energy flow and the roles we play in a situation. We can see in an instant what the dynamics really are and make our choices accordingly.



*Note that the Love Triangle, the higher vibration of the two, sits above the Fear Triangle.*

In the Love triangle, we operate from our highest Self, which is allowing, non-judgmental, nurturing, centered and loving. In the Fear triangle, where all aspects focus on things outside of us, and appear to have control over our lives, we operate from a limited, fearful Self who needs protection and is ever watchful.

Understanding and using Triadic Creation, you can learn to create the love-based reality that will liberate you from a world of victimhood and fear. How is this done? When you identify the fears in a situation, either simply be aware or help to allay them. If you see fear of lack of control, then give the fearful person control in some situation; fear of lack, remind them that the universe is abundant; fear of separation, include them; fear of unlovability, love them; fear of lack of self-worth,